Wise Women Full Moon Retreat

Embodying the Wisdom of the Crone

October 6 to 9, 2022

October 6 - Thursday

2:30-6:00PM: Arrival
(Bodywork Available)
6:15PM: Dinner
7:30PM: Orientation w/ Gray Bear Staff (Lodge)
Followed by Free Time

October 7 -Friday

7:00AM: Wake Up Bell
7:30AM: Breakfast
9:30-12:15pm: Opening Ceremony
(K. Collins & J. Harvard)
(Yoga Room)
12:30PM:
Lunch Free Time
3:00-5:00PM: Ancient Wisdom of our Wooden Ancestors
(Outdoors) (L.Larabell)
6:15PM: Dinner
Followed by Free Time
massage, sauna, soaking tubs

October 8 -Saturday

7:00AM: Wake up Bell
7:30AM: Breakfast
9:30-10:30AM: Full Moon Yoga
(B. Harvey) (Yoga Room)
11:00-12:30PM: Power of the Divine Feminine
(F. Hubbard) (Lodge)
12:30PM: Lunch
1:30-3:30PM: Gathering at the Waterfall
4:00-6:00: Free Time
massage, sauna, soaking tubs
6:15PM: Dinner
7:30-9:30PM: Rune Magick
(J. Harvard) (Lodge)

October 9 -Sunday

7:00am: Wake up bell
7:30am: Breakfast
9-10:30am: The Wild Woman Embodied
(K. Collins) (Lodge)
11:15-12:50pm: Closing Ceremony
(Yoga Room) (Jennifer and Kim)
1:00pm: Lunch
2:00pm: Depart